

North Canberra Community Pools

Pool:	Specifics:	Disclaimer:
Australian Institute of Sport (AIS) Battye Street, Bruce ACT 2617 Ph: 6214 1281 Note: swimming cap compulsory; purchase cost: \$6.50 -\$16	<u>50m pool</u> • Heated to 28.9 °C • Depth: 2.5m • Steps with bilateral rail • Wall ladders <u>25m pool</u> • Heated to 30.9°C • Depth: 1.1m Steps with rail	These pools are external to Arthritis ACT and have no affiliation with us. Fees, where relevant, are set by each organisation independently.
Canberra International Sports & Aquatic Centre (CISAC) 100 Eastern Valley Way, Bruce ACT 2617 Ph: 6251 7888	<u>50m pool</u> • Heated to 26°C • Depth: 1.2 - 1.8m • Ladder <u>25m pool</u> • Heated to 32 °C • Depth: 0.9 - 1.2 m • Leisure pool Stair Assess & Railing	
Canberra International Sports & Aquatic Centre (CISAC) 100 Eastern Valley Way, Bruce ACT 2617 Ph: 6162 2666	<u>Hydrotherapy pool - 12m</u> • Heated up to 33.5°C • Depth: 0.9 - 1.6m • Ramp and bilateral rail access	
Canberra Olympic Pool Cnr Constitution Ave & Allara Street, Canberra City ACT 2601 Ph: 6248 6799	<u>50m pool</u> • Heated to 27 - 28°C • Depth: 1.2 - 2.8m • Steps • Hoist access (Chair)	
Gungahlin Leisure Centre 71 The Valley Avenue, Gungahlin ACT 2912 Ph: 6241 1132	<u>50m pool</u> • Heated to 27°C • Shallow to deep gradual decline • Depth: 1.4 - 2m • Steps with rail • Ramp access <u>25m Pool</u> • Heated to 31°C • Depth: 0.9 – 1.4m • Ramp (no rail) Ladder	
Kings Swim, MacGregor Chalmers Place, Macgregor ACT 2615 Ph: 6278 7868	<u>20m pool</u> • Heated to 32.5-33°C • Depth: 0.75-1.3m • Steps with rail	